

Minutes

FREMONT SENIOR CITIZENS COMMISSION

REGULAR MEETING

Friday, January 20, 2012

9:30 – 11:00 am

Fremont Senior Center – Wing A

40086 Paseo Padre Parkway

Fremont CA 94538

1. CALL TO ORDER

Commissioner Creveling called the meeting to order at 9:30 am.

2. ROLL CALL

Present: Commissioners Berndl, Chugh, Churchill, Creveling, Helton, Kimberlin, Mirchandani, TenEyck, and Turner

Absent: Commissioners Hobbs, Vaidya

Excused: Commissioner Hobbs, Bischofberger, and Thomas

3. SALUTE TO THE FLAG

- Commissioner Churchill led the salute to the flag.

4. APPROVAL OF MINUTES of the Regular Meeting of January 20, 2012

- Commissioner Mirchandani moved that the minutes from the November 18, 2011 meeting be accepted as presented. Commissioner TenEyck seconded the motion.

M//S/P

5. ORAL COMMUNICATIONS

None

6. WRITTEN COMMUNICATIONS

Updated Alphabetical Roster

7. OLD BUSINESS

7.1 Senior Support Services, Karen Grimsich, Aging and Family Services Administrator

- At the last meeting, staff from the Aging and Family Services solicited the Commissioners input into how the Senior Case Manager could be known in the community. The discussion centered on the terminology Case and Management, which is often used in the medical world. The title that the staff have suggested be used is “Older Adult Services Specialist”, which has been submitted to Suzanne Shenfil, H.S. Director for approval and will be appearing in the new marketing materials for the Aging and Family Services Division. Thanks were extended by K. Grimsich to all the commissioners for the suggestions that were submitted for consideration.

7.2 Social Service Grants, Karen Grimsich, Aging and Family Services Administrator

- Social Services Grant funded projects are currently being reviewed. Feedback was solicited from the commissioners on the review process for the agencies currently receiving funding. It was mentioned that CDBG funding will be less this next fiscal year.

Tri City Health Center Senior Screening Program was reviewed by Commissioners Chugh, Creveling, Berndt, and Karen Grimsich.

- Life Eldercare and Meals on Wheels Review done by Shawn Fong and Com Creveling.
- BACS (Adult Day Care for seniors with dementia or disability) will be reviewed by Linda Olla and report should come in at next meeting.
- Lavender Seniors was reviewed by Com Helton along with Judy Schwartz from the FRC.
- Legal Assistance for Seniors: Com Mirchandani reviewed with Karen Grimsich.

7.3 Leaf for Mayor Wasserman, Commissioner Creveling, Chair

- Chair Creveling announced that there is still an opportunity for the commissioners to donate towards the memorial leaf for the late Mayor Wasserman. To date \$100 has been collected by 10 commissioners. The suggested donation is \$10.00 per person.

7.4 Crab Feed Fundraiser 2012

- Final preparations are underway for 5th annual fundraiser to be held at Merrill Gardens this evening. The Commission is donating a “Tea Basket” prepared by Sue TenEyke including small tea pot with cup 2 containers with republic of tea with \$25 Peet’s Gift Certificate. All commissioners were encouraged to participate and attend, if possible. Com. Kimberlin offered to help at the event if needed. Com Creveling and Com. TenEyke will be present as well.

8. NEW BUSINESS

8.1 Action Areas – Karen Grimsich, Aging and Family Services Admin.

- Commission reviewed the action Area List to determine where there might be vacancies or opportunities to serve. Com. Creveling recent election to Chair leaves a vacancy on the Building Sub Committee.
- Com. Churchill suggested that there be a brief review of what each sub-committee’s responsibilities and time commitments as well as determining if any change was needed.

ACTION: The new members of the commission were encouraged to review the action list and see which sub committee they might participate in and report back at the next meeting as to which committee they will join.

ACTION: It was stated that a new member is needed for the Facility Sub Committee to fill Com. Creveling. The next meeting is March 12 @ 9:30 Facility Sub Committee meets 3 times a year to discuss the Sr. Center budget.

The following committees were described along with focus and time commitment expected from each participating commissioner:

- **Health Issue/Senior Safety/Prescriptions**
Bringing forth any senior issues related to the above. Com. Churchill currently holds this position that reports monthly on issues at the Commission. It can also be a topic that the commission wants more information.
- **Marketing/Outreach**—Com Vaiyda has been doing this
Commitment to go out into the community to let people know about the senior center and give informational presentations, attended health fairs.
- **Senior Legislation:** JR Thomas is expected to stay on.
- **Tri City Elder Coalition** is a collaborative of 60 different organizations in the greater tri city area all relating to senior services. The main event is the “Senior Night Out” fundraiser. Com TenEyke stated that the coalition’s focus is working on building up a “hospital to home” network so patients don’t “fall between the cracks” after a hospital stay. Com. TenEyck attends the meetings and reports back. Networking meetings are also held and anyone is welcome.

Meets Tuesday mornings. Next meeting is Feb 21 at 9:30-11:30 in Training Room at 3300 Capitol Bldg. B.

9. COMMISSION REPORTS

9.1 Health Issues/Senior Safety/Prescription Drug Comparison - Commissioner Churchill

- Com. Churchill gave a report of Skilled Nursing Facilities and issues to be aware of when a friend or loved one may need to stay in a facility. They are often referred to as “nursing homes”. There will be times that a senior will need a higher level of care (Skilled Nursing Facility or SNF). A SNF is the highest level of care-usually after being in an “acute care” facility such as a hospital and need an interim place of care (for rehabilitation or wound care, etc.).
- Commissioner Churchill reviewed how to “check out” different facilities prior to placement of loved one. She discussed how important it is for the family to know the people that are in charge as well as those that will have daily interaction with the loved one. She also discussed that there is

- a site online where people can go to check the rating of a facility and see if they have had any violations or issues prior to placing the loved one in a facility.
- Finally, Commissioner Churchill encouraged everyone to be an advocate for seniors they may know that do not have anyone here to help them in this area.

9.2 Senior Legislation - Commissioner Thomas
No report

10. COMMISSION REFERRALS
None

11. STAFF REPORTS

**11.1 Aging & Family Services Report – Karen Grimsich, Aging
And Family Services Administrator**

- Karen reported that Alameda County is applying to be a demonstration site to merge Medicare and MediCal benefits to participants who are covered by both, often referred to as “Medi-Medi” beneficiary. There are Federal and State plans to blend the payment of these two programs and develop a managed care program so there is one payment rather than several. It will force people who qualify for both systems to go through Alameda County Alliance and/Blue Cross for their managed care services. A proposal will be submitted on behalf of Alameda County. The governor is planning to have 10 counties pilot this model. The Tri City area is being considered for a “hub” of services. There is concern that low income seniors be aware of these changes.
- Commissioner Churchill expressed concern that this is being pushed, but there is no public information distributed.
- It was stated that more information may be available on the internet under “California Dual Eligible Demonstration”
- Tri City Elder Coalition will be informed of this as well and will likely have a roll in the advisory issue.

- If Alameda is chosen, it will go into effect January 2013. Karen is on the Steering Committee of this initiative and will update accordingly.

11.2 Senior Center Manager Report

- Due to the Crab Feed, there was no report from Linda Olla, Senior Center Manager.

12.COMMISSION COMMENTS

- Commissioner Kimberlin reported that she participated in 2012 Adopt a Senior ride-a-long. Each was different experience and very rewarding.
- Meals on Wheels from Life Eldercare is recruiting more volunteers. Com. Creveling will get the information to the commissioners to reach out within their networking.

Action Items for next meeting:

Commissioner Creveling shared his desire to lead the commission while he is Chair. He stated that much information is given out in the meetings and he would like the Commissioners to get all this information out to the community.

- **Action:** Commissioners to consider ways to disseminate this information into the community and be prepared to discuss at the next meeting in March.

Adjournment

There being no further business, the meeting was adjourned at 11:45 am.

Respectfully submitted by Lynn R. Hood, Recording Secretary